

# Aberdeen Counselling Forum

## "Working with Suicide"

**Led by: Kirsten Amis**

The day begins with exploring the personal and professional experiences of suicide within the room before focusing on the assessment of risk and suicide in relation to our clients and our self. This will be achieved by highlighting possible dilemmas and the potential impact that these may have on our practice. This process will include discussion around relevant policies and procedures. After lunch, we will use recorded case studies to consider the impact of suicide and risk on our relationship and contracting with clients before we update our own practice with regard to language, law, ethics and confidentiality. We end the day reflecting on how our own risk assessment process could be developed to build confidence in this area.

Since completing her training as a mental health nurse in 1987 and core counselling training in 1993, Kirsten has worked continuously as a counsellor, lecturer in counselling and clinical supervisor with posts within the NHS, colleges, private practice and charitable organisations. She is a BACP accredited counsellor and trainer for both BACP and Charlie Waller Memorial Trust. She has been a full time lecturer in counselling since 1999 in addition to managing a busy counselling service in an inner city college. She also maintains a small private practice in Argyll.

Kirsten has authored national counselling qualifications and text books including *Becoming a Counsellor: A Student Companion* (2011, Sage), *Challenges in Counselling: Student Counselling* (2013, Hodder) and *Boundaries, Power and Ethical Responsibility in Counselling and Psychotherapy* (2017, Sage)

More information can be found at [www.kirstenamis.co.uk](http://www.kirstenamis.co.uk).

**Saturday 11<sup>th</sup> May 2019**

**@ CLAN CENTRE** 120 Westburn Road, Aberdeen AB25 2QA

**10am – 4.30pm**

Tea and coffee will be provided – please bring own lunch. Doors open from 9.30 am

**Contact person for booking/enquiries: Diane Crowe**

**Telephone: 07818640647**

**Email: [diane.crowe@gizgiz.co.uk](mailto:diane.crowe@gizgiz.co.uk)**

Booking form available on our website: [www.thecounsellingforum.co.uk](http://www.thecounsellingforum.co.uk)

# ACF **Booking Form** for “Working With Suicide” Workshop Saturday 11/05/19

PARTICIPANT NAME \_\_\_\_\_

EMAIL

ADDRESS: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

PLEASE TICK APPROPRIATE PAYMENT BOX

EARLYBIRD – RECEIVED BY 22/04/19	
ACF MEMBER - £50	
ACF CONCESSION <b>MEMBER</b> - £45 (Low income, 60+, F/T student, counselling diploma student)	
<b>ALL NON MEMBERS</b> - £65	

PAYMENT AFTER 22/04/19	
ACF MEMBER - £60	
ACF CONCESSION <b>MEMBER</b> - £55 (Low income, 60+, F/T student, counselling diploma student)	
<b>ALL NON MEMBERS</b> - £75	

IF YOU ARE AN ORGANISATIONAL MEMBER, PLEASE STATE WHICH ORGANISATION:  
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CHEQUE PAYABLE TO: **Aberdeen Counselling Forum** AND SEND WITH BOOKING FORM TO:

**Diane Crowe, 39(b) Oldmeldrum Road, Bucksburn, Aberdeen AB21 9AE**

Cheques are not banked until after the workshop but secures your booked place. Cancellation fee of 50% will be refunded up to 3 days prior to event, thereafter no refund will be given.

Confirmation/receipts and certificates will be issued electronically unless requested otherwise.